

Living in Jesus Name



# **Living in Jesus Name**

## **Part 4**

**TITLE: Spending time with God**

**THEME: Remember the Sabbath day by  
keeping it holy.**

## Exodus 20:8-11 (NIV1984)



**<sup>8</sup> “Remember the Sabbath day by keeping it holy.**

<sup>9</sup> Six days you shall labour and do all your work, <sup>10</sup> but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. <sup>11</sup> For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.



## Exodus 31:12-13 (NIV1984)

<sup>12</sup> Then the LORD said to Moses,  
<sup>13</sup> “Say to the **Israelites**, ‘You must observe my Sabbaths. This will be a sign between me and you for the generations to come, so you may know that I am the LORD, who makes you holy.’





## Exodus 31:14-18 (NIV1984)

<sup>14</sup> “Observe the Sabbath, because it is holy to you. **Anyone who desecrates it must be put to death**; whoever does any work on that day must be cut off from his people. <sup>15</sup> For six days, work is to be done, but the seventh day is a Sabbath of rest, holy to the LORD. **Whoever does any work on the Sabbath day must be put to death.**

<sup>16</sup> The Israelites are to observe the Sabbath, celebrating it for the generations to come as a lasting covenant. <sup>17</sup> It will be a sign between me and the Israelites forever, for in six days the LORD made the heavens and the earth, and on the seventh day he abstained from work and rested. ”

<sup>18</sup> **When the LORD finished speaking to Moses on Mount Sinai, he gave him the two tablets of the Testimony, the tablets of stone inscribed by the finger of God.**



# W D J S

Matthew 12:1-2 (NIV1984)

<sup>1</sup> At that time Jesus went through the grain fields on the Sabbath. His disciples were hungry and began to pick some heads of grain and eat them. <sup>2</sup> When the Pharisees saw this, they said to him, **“Look! Your disciples are doing what is unlawful on the Sabbath.”**



Matthew 12:3-8 (NIV1984)

<sup>3</sup> **He answered**, “Haven’t you read what David did when he and his companions were hungry? <sup>4</sup> He entered the house of God, and he and his companions ate the consecrated bread—which was not lawful for them to do, but only for the priests. <sup>5</sup> Or haven’t you read in the Law that on the Sabbath the priests in the temple desecrate the day and yet are innocent? <sup>6</sup> I tell you that one greater than the temple is here. <sup>7</sup> If you had known what these words mean, **‘I desire mercy, not sacrifice,’** you would not have condemned the innocent. <sup>8</sup> For the Son of Man is Lord of the Sabbath.”



**“I desire mercy, not sacrifice**

We live in the age of GRACE not under the law,  
BUT!

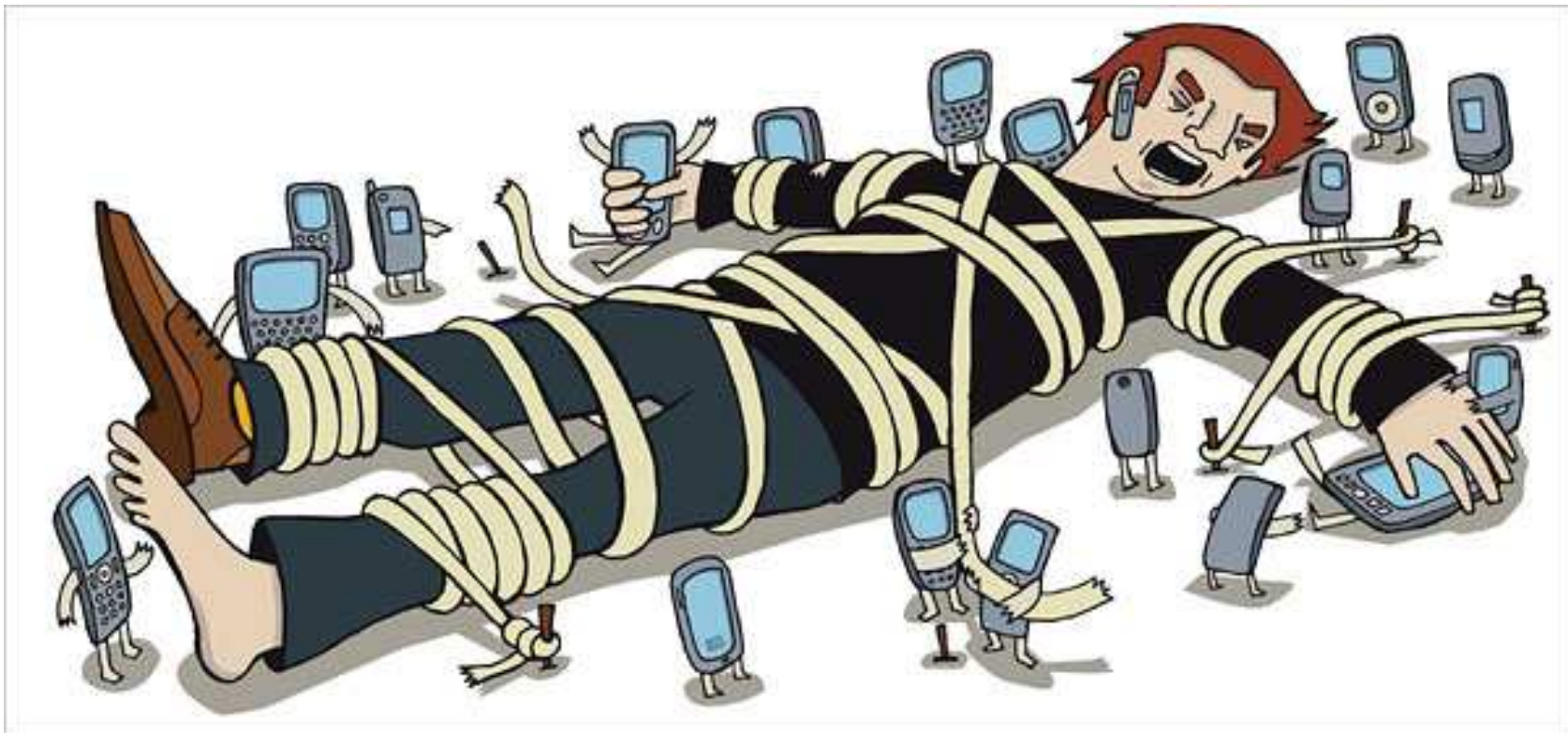
Here is the principle!

God requires that we **STOP WHAT WE ARE DOING**  
to give Him time.





**Ever considered WHY we are so busy?**





I'd love to pray more, read more, write in my journal more, take long walks, be still in God's presence, spend more time getting to know friends, or take up this or that hobby--**but I'm just too busy.**

**I don't have time.** *Kevin Offner*



I've learned that our fast-paced lifestyles are not primarily due to external factors; external factors are more the symptom than the cause. **We are not restless because we are busy; we are busy because we are restless.** In fact, many of us are actually **addicted to busyness!** We are afraid of silence. **Keeping busy prevents us from having to face our empty souls.** *Kevin Offner*



Did you hear that?

We keep busy because we are afraid to face our EMPTY SOULS.

WHY are our souls empty?

Because we allowing the world to fill our souls with garbage which is in essence **empty / not fulfilling**.

And that effects our Spirit.

It is time for us to KNOW GOD and give Him what He deserves



# READ Luke 24:13-33

- 👤 Jesus Himself came and walked along with them.
- 👤 What are you discussing together as you walk along?
- 👤 How foolish you are, and how slow of heart to believe all that the prophets have spoken!
- 👤 When He was at the table with them, He took bread, gave thanks, broke it and began to give it to them.
- 👤 Then their eyes were opened and they recognized him!



Why do you suppose God gave us this story?

- Might it be to show us that the disciples were expecting something else?
- Might it be to show us that **OUR INTERPRETATION** of God's ways might be a bit off?

I believe that we have this story and many others in the Word of God to show us that **there is more going on here than we ever imagined.**

**It is time for us to have the eyes of our heart opened!**

# Eternal Truth No.1



“There is more going on here than meets the eye”

The Bible is WARNING us and has been warning us all this time that:

- ✘ We live in TWO worlds
- ✘ Or even better, in ONE world with TWO parts
- ✘ One part that we can see, and
- ✘ One part that we CANNOT see

And we are URGED – for our own welfare – to accept that the **unseen world** is far more weighty and far more real and dangerous than the part we can see.



# Eternal Truth No.2



“This world is at war”





Princess Leia's plea!

This is our most desperate hour.  
Help me Obi-Wan Kenobi.  
You are my only hope







And God is warning us about this WAR

### **Ephesians 5:8-16 (NIV 1984)**

<sup>8</sup> For you were once darkness, but now you are light in the Lord. Live as children of light <sup>9</sup> (for the fruit of the light consists in all goodness, righteousness and truth) <sup>10</sup> and find out what pleases the Lord. <sup>11</sup> Have nothing to do with the fruitless deeds of darkness, but rather expose them. <sup>12</sup> For it is shameful even to mention what the disobedient do in secret. <sup>13</sup> But everything exposed by the light becomes visible, <sup>14</sup> for it is light that makes everything visible. This is why it is said:

**“Wake up, O sleeper,  
rise from the dead,  
and Christ will shine on you.”**

<sup>15</sup> Be very careful, then, how you live —not as unwise but as wise, <sup>16</sup> making the most of every opportunity, **because the days are evil.**



## Ephesians 5:8-16 (MSG)

Wake up from your sleep,  
Climb out of your coffins;  
Christ will show you the light!  
So watch your step. Use your head. Make the most of every  
chance you get. **These are desperate times!**

*Something dark and dangerous is unfolding all around us and  
we are caught up in it, and above all we doubt we have been  
given a role to play. John Eldregde*

# Read Daniel 10



## Daniel 10:13

**But the prince of the kingdom of Persia** withstood me one and twenty days: but, lo, Michael, one of the chief princes, came to help me; and I remained there with the kings of Persia.

The book of Daniel mentions the Prince of Persia, and the Prince of Greece, spirits that rule nations.

## **Ephesians 6 (NIV1984)**

<sup>10</sup> Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armour of God so that you can take your stand against the devil's schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against **the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.**



## ***What are "Principalities, Powers, World Rulers of Darkness, and Spiritual Wickedness in High Places"?***

The Apostle Paul instructs us to put on our spiritual armour because **our battle in this world is a "spiritual" one**. A warfare that involves the trickery and power of the devil, as opposed to a human battle. Even though human beings will certainly play a role in line with the schemes of the devil, **but they are being used by these entities for the purposes of accomplishing evil**. Evil spirits are the true power behind those who oppose the things of God (knowingly or unknowingly)





**This is our most desperate hour.  
Help us Lord  
You are our only hope**

Do you see what has happened?

The essence of our faith is been stripped away  
and is been stolen from us.

Why, because we don't know that we at war  
and we are giving in to Satan's schemes



So the **1<sup>st</sup> Eternal Truth** – Things are not what they seem, and

The **2<sup>nd</sup> Eternal Truth** – We are WAR.

Now for the most stunning news of all.

In all of this the **3<sup>rd</sup> Eternal Truth** is revealed.

We have a role to play



We might not want to accept this and doubt it.

Why?

Because our days are not extraordinary.

In fact they are quite mundane and filled with hassles.

But we serve an awesome God and HE says

“You are not what you think you are. There is a glory to your life that your enemy fears, and he is hell bent on destroying that glory before you act on it” John Eldregde





You see folks the **Story of you Life** is the story of the long brutal assault on your heart by the one who knows what you could be and fears it.

It is time for us to WAKE UP!

CS Lewis(adapted) – You and I have the need to **spend quality time** with God so that we are **awakened** from the evil spell that the world is putting on us, **a spell of worldliness** which has been laid on the church for a long time.



## **1 John 5:18-20 (1984 NIV)**

**<sup>18</sup> We know that anyone born of God does not continue to sin;** the one who was born of God keeps him safe, and the evil one cannot harm him.**<sup>19</sup> We know that we are children of God, and that the whole world is under the control of the evil one.** <sup>20</sup> We know also that the Son of God has come and has given us understanding, so that we may know him who is true. And we are in him who is true—even in his Son Jesus Christ. He is the true God and eternal life.



So if we know this, WHY are we not prepared to let God use us in this WAR?

Because the world has **softened us, made us worldly**

And Satan smiles and knows **as long as we are worldly he is winning.**

But God has other truths.

HE has come to **set us free** and asks that **we take part in this spiritual battle.**

We are to **“put on the armour”** and **“fight the good fight”**

To do this we have to give God his rightful place and time to work in us and through us.



**Exodus 20:8-11 (NIV1984)**

**<sup>8</sup> “Remember the Sabbath day by keeping it holy.”**

**This is Living in Jesus Name**

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